



# Tri Valley YMCA



A Branch of the YMCA of Reading & Berks County

## Beginning September 20, 2011

Get a head start on the competition. Tri Valley Great White Shark Swim Team is back and ready to build on to another great year! Our coaching staff focuses on the development of strokes and endurance for all levels of competitive swimmers.

We take great pride in building strong kids, strong families and strong communities through the sport of swimming and look forward to developing the core values of honesty, caring, responsibility and respect in your children both in and out of the water.

All swimmers are welcome to attend a free trial period ending September 26, 2011. All registration forms are due on registration night at the Tri Valley YMCA September 26, 2011. Registration forms and fees for ALL swimmers are due at this time. A \$20.00 late fee will be charged to any registration forms handed in after the September 26, 2011 deadline. **Swimmers must be able to swim 25 meters of both freestyle and backstroke. Practice times may be adjusted by coaches at anytime. Dry land training will be held at the Tri Valley YMCA facility and feature Technofit Training designed by the coaching staff. Prices include youth memberships for all swimmers during the swim season ONLY!**

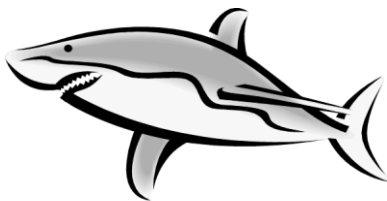
If you have any questions or would like more information please contact Megan Dougherty, Program Director, at 610.944.6515 or MDougherty@ymca-berkscounty.org.

### Practice Times and Fees

**Developmental: (8 & Under)** Mon.-Wed, Fri 7:00-7:45 PM \$325

**1 hr-Bronze (9-10):** Mon.-Fri., 7:00-8:00 PM \$450

**1 ½ hr-Silver (11-12):** Mon.-Fri., 7:30-9:00 PM \$515



**2 hr-Gold (13 & up):** Mon.-Fri., 7:00-9:00 PM \$615

\*Rates include a membership per child & KU Usage Fee.

Financial Aid is Available. Ask the Branch Executive Director for an Application.