

Baby College

The YMCA Baby College program is a class for parents of children 0 to 3 years of age. It is modeled after the highly respected Harlem Children's Zone and utilizes best practice methods and concepts to promote the physical, emotional, social and intellectual development of children.

The program runs in 10 week sessions and consists of weekly group classes as well as a weekly home visit from Baby College staff. Classes and home visits help parents build on their knowledge and experience and provides important tools and information about effective parenting strategies, further developing their confidence and competence as their child's first and most important teacher. Baby College classes are held in both English and Spanish.

This program was developed by the United Way of Berks County's "Right from the Start" initiative. The YMCA was honored to be selected by the United Way to run their premier program in September, 2008.

For more information about the Baby College program, contact our Director, Olga Perez-Rosa at (610) 378-4722.

