

Reading YMCA
Winter I Pool Schedule
January 9th - February 19th

TIME	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	TIME	
5:30								5:30	
6:00								6:00	
6:30								6:30	
7:00		Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim	Lap/Open Swim		7:00	
7:30								7:30	
8:00							Y Swim Team Lessons	8:00	
8:30							Open/Lap Swim	8:30	
9:00			Aquacize Lap/Open		Aquacize Lap/Open	Aquacize Lap/Open		9:00	
9:30								9:30	
10:00	Scuba Open/Lap Swim	Parent/Child Lessons Lap/Open		Parent/Child Lessons Lap/Open		Parent/Child Lessons Lap/Open	Wyo Team Lessons Lap/Open	10:00	
10:30								10:30	
11:00			Lap/Open						11:00
11:30			Aqua Zumba Lap/Open	Lap/Open Swim		Lap/Open Swim			11:30
NOON									NOON
12:30									12:30
1:00			Lap/Open Swim		Lap/Open Swim		Lap/Open Swim	Lap/Open Swim	1:00
1:30									1:30
2:00								2:00	
2:30	Lap/Open Swim							2:30	
3:00								3:00	
3:30		Wyomissing Swim Team Lap/Open Swim Lessons	Wyomissing Swim Team Lap/Open Swim Lessons	Wyomissing Swim Team Lap/Open Swim Lessons	Wyomissing Swim Team Lap/Open Swim Lessons	Wyomissing Swim Team Lap/Open Swim Lessons		3:30	
4:00								4:00	
4:30								4:30	
5:00								5:00	
5:30								5:30	
6:00						Y Swim Team Open/Lap Swim		6:00	
6:30		Y Swim Team Open/Lap Swim	Y Swim Team Open/Lap Swim	Y Swim Team Open/Lap Swim	Y Swim Team Open/Lap Swim			6:30	
7:00								7:00	
7:30								7:30	
8:00								8:00	
8:30								8:30	
TIME	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	TIME	

- *Schedule subject to change.
- *Y Swim Team Practice 1 lap lane will be available.
- *Wyomissing Swim Team Practice 1-2 lap lanes will be available.
- *Lap/Open Swim 5-8 lap lanes available.

Questions or comments please contact:
 Jayne L. Pappalardo
 Aquatics Director
 610-378-4733 or jpappalardo@ymca-berkscounty.org



Pool Hours:

Monday-Thursday: 5:30am-8:30pm

Friday: 5:30am-7:30pm

Saturday: 8:00am-4:00pm

Sunday: 10:00am-3:00pm

Pool Rules:

1. NO RUNNING - This includes the pool deck, stairs, hallways, and on approaches to the pool.
2. Swimmers must wear appropriate swimwear; jeans, cut-offs, and boxers are no permitted
 - * Men: Trunks, racing suits, drawstring athletic shorts only.
 - * Women: One/two piece suits or athletic tops and shorts only. NO UNDERGARMENTS
 - * Children: Same as men and women.
 - * Infants: Proper swim wear required. SWIM DIAPERS ONLY
3. No t-shirts in the deep end.
4. No jumping or diving from the ladders.
5. No blocking the ladders.
6. No flips, reverse dives, or jumping over other people permitted from the deck.
7. No pushing, pulling, dunking, or throwing others into the pool.
8. No food or gum in the pool.
9. No glass containers at or near the pool.
10. No profanity.
11. No alcohol or illegal substances allowed.
12. No roughhouse play, pushing, shoving, or fighting allowed.
13. No smoking.
14. No lying down on the deck - Please keep the deck clear.
15. No diving in the shallow end.
16. No hanging or sitting on lane lines and lifelines.
17. No diving from the starting blocks.
18. Children under the age of 8 must be accompanied by an adult 18 years of age or older.
19. Swimmers under the age of 15 must take a deep-water test every time to swim in the deep end.
 - * Test: Jumping in deep-end feet first and swimming the length of the pool without stopping.
20. Lifeguard is the authority of the pool and must be obeyed at all times.
21. No swimming lesson participants in the pool until the instructor is ready and in the water first.
22. All young children and non-swimmers should remain within arms length of a responsible adult at all times.
23. Breath holding activities are prohibited except during supervised instruction.

