



YMCA of Reading and Berks County

Job Posting

Title: Fitness Instructor
Req #: 17-108
Location: Tamaqua
Status: Part Time – hours vary - evenings

POSITION SUMMARY:

Runs fitness classes at scheduled times during the week. Providing class participants with a safe and effective workout during the class time.

ESSENTIAL FUNCTIONS:

1. Providing participants with a rewarding workout.
2. Ensuring that all participants are safe when using any equipment.
3. Knowing proper form of exercises and informing participants if they are unfamiliar.
4. Communicating with participants about the class and adjusting to needs of the class.

QUALIFICATIONS:

1. Minimum age of 18.
2. Certifications: Certified instructor for specific class that is being applied for.
3. Child Abuse, Criminal, and FBI Background checks

PHYSICAL DEMANDS:

1. Demonstrate the activities to the class which may include lifting weight or moving around the class.
2. Meet strength and lifting requirements.
3. See and observe all class participants to ensure safety of everyone attending.

To apply for this position, please send your resume to: careers@ymca-berkscounty.org and indicate the job title AND Req # of the position in the subject line of the email.

For more information about the Reading and Berks County YMCA please visit our website!
www.ymca-berkscounty.org

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